

## Group urges mums to ditch their buggies!

**IPSWICH:** Sling the buggy!

That was the message to new parents from a group trying to persuade more people to carry their youngsters close to their bodies.

A group of parents showed off the joys of baby slings in Christchurch Park.

Rosie Dhoopun, who promotes their use, said they were far better for carrying young babies and making them feel more settled than putting them in a buggy.

She said: "Research shows that babies carried in a sling cry much less than those who are pushed in a buggy.

"Babies can regulate their bodies much better in a sling and because they are close to the parent's body that is much more soothing for them and they go into a much deeper sleep.



**SLINGS ARE THE THING:** Parents at the event in Christchurch Park hope to encourage others to use baby slings rather than buggies.

Picture: SARAH LUCY BROWN

"They can hear and feel the parent's heartbeat and feel much more content.

After all they have been like that for nine months before they are born!"

Her group is hoping to persuade more parents to use slings – which can be

used to carry babies from birth until they are toddlers.